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ALLERGY SKIN TESTING INFORMATION SHEET

Allergy Skin Testing: Using Skin Prick Method where the skin is pricked with a disposable plastic applicator that delivers a very small amount of allergenic extract into the skin surface. Each applicator tests ten (10) allergens and as many as four (4) applicators will be applied to your arms or back. No needles are used in this method.

Allergens: You will be tested to a variety of airborne allergens. Food allergy testing will also be included in the pediatric allergy testing. These include pollens (from trees, grasses, & weeds), molds, dust mites and animal dander. Food testing includes testing for milk, soy and eggs.

The procedure takes less than 10 minutes to administer and the results are read approximately 15 to 20 minutes after the application of the allergen.

You or your child will feel a pricking sensation during the application of the allergen and will experience some itching. The testing staff will apply a cream to help relieve itching after the test results have been recorded. In rare cases, some local swelling may occur several hours after the skin tests are applied. Any positive reactions will gradually disappear over a period of 30 to 60 minutes.

Medications to Avoid:

1. Stop prescriptions and over-the-counter Antihistamine medications 10 days prior to your appointment. If you are not sure about the medication you're taking, please call our office.

Examples: cold medications, sinus tablets, hay fever medications, or oral treatments for itchy skin. Medications such as Claritin, Zyrtec, Allegra, Actifed, Dimetapp, Benadryl, Clarinex and Xyzal, as well as antihistamine nose sprays should be avoided.

2. Please stop taking over-the-counter sleeping medications, such as Tylenol PM 3 days before your appointment.
3. Stop antihistamine medications for the eyes 3 days before your appointment. This can include Optivar, Pataday and Patanol.

Make sure to consult with your prescribing physician before any of the following medications are stopped being taken:

- **Tricyclic Antidepressants:** These medications exert a potent and sustained decrease in skin reactivity due to histamine, which may last for a few weeks.
- **Beta-2 agonists:** Oral Terbutaline and Parenteral Ephedrine, in general, have been shown to decrease your skin's reaction to allergens.
- **Dopamine:** Intravenous infusion of dopamine may inhibit skin test responses.
- **Beta Blocking Agents:** Propranolol can significantly increase skin test reactivity.

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CONSENT FOR ALLERGY SKIN TESTING

I have read and reviewed the information provided and was given the opportunity to ask questions, and all questions have been answered to my satisfaction. I do hereby consent to be tested or have my child tested as recommended by Dr. Jacqueline Jones.

Printed Patient/Legal Guardian Name

Date

Patient/Legal Guardian Signature

Physician Name

Date

Staff Administering the Test (Printed)
(Under Dr. Jones' direct supervision)

Date